

**Abstract**

The invention relates to a method for manufacturing a starch-containing shape body and a homogenised, starch-containing mass and shape bodies manufactured therefrom. The method is carried out in a manner such that the value of the limiting viscosity index of the mass manufactured therewith is at least 40 ml/g. Such a value of the limiting viscosity index ensures an elongation at rupture of the extruded material of at least 150%, by which means soft capsules with a one-part capsule casing may be manufactured with the rotary die process.